

CARING FOR CAREGIVERS



Most people become caregivers at one point in their lives. That care may take an emotional, physical, and financial toll on caregiver families.

Caregivers need someone to stay with their loved ones while they have some personal time away from home- a chance to spend time with friends and family, time to run errands or other activities.

Time out volunteers are companions visiting with the loved one to ensure they are safe while the caregiver is away. Activities may include sitting with person, reading, and conversing. Volunteers are not required to provide physical care.

If you enjoy helping people in need and have some free time, consider becoming a time out volunteer. Covenant Church becomes the body of Christ in the way we care for one another

If you are in need of a volunteer please fill out the form in this brochure or the on-line request form at least 72 hours in advance of the need for arrangements to be made.



Caregivers experience certain challenges, frustrations, and blessings that may be best known, and most freely communicated, to those in a similar situation. A group of Covenant caregivers meets monthly for fellowship and mutual support.

TRANSPORTATION MINISTRY



Volunteers provide transportation to members who are unable to drive. Rides are provided, for example, to medical appointments and church services.

Contact the church office at least 72 hours prior to the transportation need so arrangements can be made or complete the form in the brochure or online. Include the following information:

- Date of service
- Name and address
- Email and phone #
- Number of passengers
- Any physical limitations

A volunteer commitment to this ministry will not involve large blocks of time, only a willingness to occasionally help a church member in need.

*Striving to be
Faithful Disciples of Christ:
Worshiping with Joy, Growing in Faith,
Serving in Love*



Request for Transportation

Name _____

Pick-up address _____

Destination address _____

Phone Number _____

Email address _____

Date transportation needed _____

Number of passengers _____

Physical limitations _____

Important information _____

Place request form in the collection plate,
contact the church office (885-2138),
or complete the request form at www.covenantpresstaunton.org.



TIME OUT Request

Name _____

Address _____

Phone Number _____

Email address _____

Date needed _____

Time needed _____ AM/PM to _____ AM/PM

Physical limitations _____

Special needs _____

Place request form in the collection plate,
contact the church office (885-2138),
or complete the request form at www.covenantpresstaunton.org.

VOLUNTEER OPPORTUNITIES



TIME OUT: Contact _____
_____ to volunteer for this important ministry.



TRANSPORTATION MINISTRY: Persons desiring to
volunteer may contact _____

~ September 2016

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2001 North Coalter Street, Staunton, Virginia
540-885-2138
www.covenantpresstaunton.org

CAREGIVER SUPPORT & TRANSPORTATION MINISTRY

