

#### MARK YOUR CALENDAR

Monday Morning Bible Study Congregational Care Team Facility Team

> PW Executive Board PW Circle Meeting 1-10

Bell Choir Rehearsal Covenant Choir Rehearsal

Novels & Needles Book Group

SESSION RETREAT

Outreach Team Wrestling Through Faith (youth)

Monday Morning Bible Study

TOW-Together on Wednesday Yankee Gift Swap

Executive Team Bell Choir Rehearsal Financial Peace University Covenant Choir Rehearsal

Fired-Up Friday (2nd-8th graders)

Memorial Service for Virginia Wetzel

Wrestling Through Faith (youth) STATED SESSION MEETING

## Connect with the Pastor...

t is a new year and with a new year come a host of New Year's resolutions. If your list is anything like mine over these last years, the resolutions tend to look a lot alike with a tweak here or there, but nothing startlingly



new. Might we need a new approach to those resolutions? This year, our daughter Emily suggested setting some *goals* for the year, rather than yet another list of things to resolve to do. The means toward meeting the goals might ebb, flow, and change over the year, based on experience or circumstance, but the goals would remain the same. Assessment and reassessment would provide opportunity for course corrections and fresh starts. There is thus a little more grace in living into those goals along the way this way.

In thinking about her suggestion, I wondered: What might happen if a New Year's resolution for each of us here at Covenant was "be a better disciple of Jesus"? What directions might that lead us – individually and as a community of Christ? It might mean reengagement with the Bible for some and engagement with those in need for others. It might mean a rethinking of priorities or a reimagining of possibilities. Perhaps a starting point would be to consider Jesus' expectations for his disciples and then assess what needs to change in your life to meet those expectations. Such a resolution would not be a laundry list of holy things to do, but rather a holistic approach to faithful living –

Continued on Page 3

#### A Bible Verse to Think About Jeremiah 29:11

For Fknow the plans of have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.

#### Please keep in your prayers:

Steve Henderson and his family on the sudden death of his brother, David Henderson, as a result of injuries suffered when he was struck by a car.

Janie Ballurio on the passing of her mother shortly before Christmas.

Marjorie Chittum on the death of her sister-in-law, Virginia Whitesell, at the age of 98.

# Condolences

# **Monday Morning Bible Study**



Please join us for Bible study on Mondays at 10:30 AM in the Conference Room (near the church offices). We will look at the text for the next Sunday's sermon. Come and dive a little deeper into God's word, share your insights, and get a head start on the next sermon. All are welcome!

#### **NURSERY WORKERS NEEDED**

Adults or families are needed to help in the nursery during the 10:30 AM worship service on January 13th and March 10th. If you can help, please contact Susie Oberg at 885-6832.



Items for the next newsletter are due to Martha by 9:00 AM on Friday, January 18th.

Please email her at: Covenantpcusastaunton@gmail.com

engine-powered vehicles 6. b - The Beatles

5. a - Mandatory licenses required for driving

4. b - Robert Burns

3. b - actor Frank Langella

2. a - To coincide with elections of the two highest ranking Republic positions

1. a - 1908

ANSWERS TO NEW YEAR'S TRIVIA QUIZ

#### Connect the Pastor ... Cont'd

as disciples of Jesus Christ. What would make you a better disciple of Jesus in 2019? How then might you pursue that goal in January of this new year?

## Presbyterian Women

#### PRESBYTERIAN WOMEN CIRCLE MEETING TUESDAY, JANUARY 8 @ 10:00 AM COVENANT BREEZEWAY

Our first meeting of the new year will be Tuesday, January 8, at 10:00 AM in the Breezeway. We have lots of exciting activities planned for this new year. Please join us and enjoy this time of fellowship and learning. Carol Poulson will lead our study, "God with Us When We're Powerless." Emma Jordan and Bobbye D'Orsi will provide refreshments. We'll discuss Blanket Sunday, which is sponsored by Presbyterian Women in February and make plans for its success. Come to our meetings whenever you can. We would love to have you!

PW Board Meeting will also be held on January 8, 9:30 AM in the Breezeway.

# Thanks from the Rotary Club

The Staunton Rotary Club is very grateful to Covenant Presbyterian Church for allowing us to have our Rotary Christmas Children's Party in your wonderful facility. With your assistance and cooperation, our event on Dec. 15 was a great success. We presented gifts for 250 children from 127 families in the Staunton-Waynesboro-Augusta County area. We appreciate the efforts of several church members who shopped for children, especially the Covenant Youth who shopped and wrapped for 10 kids! Only with the support of community members such as you are we able to accomplish this project. Thank you very much. — Steve Owen, Rotary President

# Inquirers Class to Begin Soon

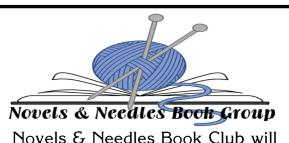
Each Sunday in January during the Sunday School hour (9:30-10:15), John Peterson will offer an Inquirers Class for those who are interested in joining the church or learning more about Covenant and the Presbyterian Church (USA). While the class will cover basics of Reformed theology, biblical interpretation, worship, and Presbyterian polity, it is really intended to address questions about who we are as Presbyterians among all the other churches out there. The class will meet in Room 5, and all are welcome.

## New Sunday School Class

A new Sunday school class begins this January! Throughout the month of January (and again after Easter!), we will be using "The Wired Word" curriculum which takes a current event from the news and examines it from a theological perspective. We may discuss such topics as opioid addiction or the wildfires in California or even termite mounds in Brazil! Our aim for this class will be that it is little to no prep work for the attendees. However, if you would like to skim the news article before the class, we will send it to you in an email on Thursday. If you would like to receive the news article ahead of time, please email Sarah Wolf (revsarahwolf@gmail.com) to be added to the mailing list.







meet at 10:00 AM on
Friday, January 11th
in the church Breezeway.

Educated by Tara Westover
will be discussed.

Members are encouraged to bring
their knitting or crocheting
which could benefit the
Covenant Prayer Shawl Ministry.
Please join us!

#### Note of Thanks

The Allen family would like to thank the Covenant Congregation for all the support, prayers, meals, cards and visits during Clarice's long illness and passing.

We especially want to thank John and Sarah for conducting a beautiful service celebrating her life. We realized that many people would be traveling for the holidays who would have liked to attend but with three college grand-children having finals the prior week, this seemed to be the best time.

We are thankful to God for Clarice's life, for your love and kindness.

Stu Allen & Family

# New Year's Trivia Game (answers are at the bottom of page 2)

- **1.** The first ball to be dropped in New York's Times Square happened in what year?
  - a. 1908
  - b. 1925
  - c. 1938
  - d. 1962
- **2.** The first time that January 1<sup>st</sup> was celebrated as the beginning of a new year was in 153 B.C. when the Romans moved the first month of their calendar back to January. For what reason did the Romans do this?
  - a. To coincide with elections of the two highest ranking Republic positions
  - b. To honor the god, Janus, god of beginnings and transitions
  - c. More sacred sheep were born in January than in February
  - d. To honor Tobasco, god of hang-over relief
- **3.** What famous Frank was born in Bayonne, New Jersey, January 1, 1938?
  - a. entertainer Frank Sinatra, Jr.
  - b. actor Frank Langella
  - c. football player and coach, Frank Beamer
  - d. Head of the barley cereal syndicate crime family, Frankenberry.

- **4.** The lyrics of the now-traditional New Years song, "Auld Lang Syne" began as a poem set to the tune of a much older Scot folk ballad. Who wrote the poem?
  - a. John Keats
  - b. Robert Burns
  - c. Lord Byron
  - d. Dr. Seuss
- **5.** On January 1, 1906 the government of the Netherlands made what law?
  - a. Mandatory licenses required for driving engine-powered vehicles
  - b. A national census
  - c. Recognition of Dutch as the National language
  - d. Prohibition on the wearing of lamp shades as hats
- **6.** On January 1, 1962 who failed to pass an audition for Decca Records?
  - a. Liberace
  - b. The Beatles
  - c. Comedian George Carlin
  - d. The Jackson Five

26	25	9:00 AM Verona 9:00 AM Verona Food Pantry 5:45 PM Bell Choir 6:30 PM Financial Peace University 7:00 PM Choir Choir	23 6:00 рм TOW Together on Wednesday	22	21 10:30 AM Morning Bible Study Covenant Connection Published	8:30 AM Blended Worship 9:10 AM Alpha Choir (K-3rd) 9:30 AM Sunday School 10:30 AM Traditional Worship 11:30 AM Omega Choir (4th-7th) 12:00 PM Confirmation Class 6:00 PM Wrestling Through Faith (youth) 7:00 PM STATE SESSION MEETING
19 1:00 PM Memorial Service for Virginia Wetzel	9:00 AM Items Due for News- letter 5:45 PM Fired Up Friday (2nd-8th graders)	47 8:30 AM Executive Team 9:00 AM Verona Food Pantry 5:45 PM Bell Choir 6:30 PM Financial Peace University 7:00 PM Covenant Choir	<b>16</b> 6:00 pm TOW Together on Wednesday 7:00 pm Yankee Swap	15	<b>14</b> 10:30 AM Morning Bible Study	8:30 AM Blended Worship 9:10 AM Alpha Choir (K-3rd) 9:30 AM Sunday School 10:30 AM Traditional Worship 11:30 AM Omega Choir (4th-7th) 11:45 AM Outreach Team 12:00 PM Confirmation Class 6:00 PM Wrestling Through Faith (youth)
<b>12</b> 8:30 AM SESSION Retreat	11 10:00 am Novels & Needles Book Group	9:00 AM Verona 9:00 AM Verona Food Pantry 5:45 PM Bell Choir 7:00 PM Covenant Choir	9	8 9:30 am 9:30 am PW Executive Board 10:00 am PW Circle Meeting	7 10:30 AM Morning Bible Study 5:30 PM Congregation- al Care Team 7:00 PM Facility Team Covenant Connection Published	
Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday

# JANUARY 2019

# Nursing Nook with Kathy Henderson, RN



New year, new flu season. Although technically "flu season" begins in November, this part of the world tends to see this viral ailment roar into its own community during the Christmas holidays.

To the right is a reminder chart to help you decide whether it's the flu or "just" a cold that is making you feel so terrible. If you haven't yet gotten a flu shot, please do so as soon as possible, if for no other reason than to protect the most vulnerable (very young, very old, immune-compromised) among us. Always cover your coughs and sneezes. And wash your hands often!



Many of you enjoyed Christmas cards from friends and family over the Christmas holidays.

Please consider donating the fronts of the cards (no envelopes, no messages) for use by the Boys and Girls Club. Look for a box in the narthex and one next to the church office marked "Christmas Cards" for you to deposit the card fronts. Thank you for providing these supplies for a project for next fall!

#### FLU vs. COLD

Signs &	TOL	C 11
Signs & Symptoms	Flu	Cold
Symptom Onset	Abrupt	Gradual
Fever	Usual; lasts 3- 4 days	Rare
Aches	Usual; often severe	Slight
Chills	Fairly Com- mon	Uncommon
Fatigue, weak- ness	Usual	Sometimes
Sneezing	Sometimes	Common
Stuffy nose	Sometimes	Common
Sore throat	Sometimes	Common
Chest discom-	Common;	Mild to mod-
fort, cough	can be severe	erate; hack- ing cough
Headache	Common	Rare
Vomiting, diarrhea	Sometimes	No

# **Charity Bingo**

to benefit

Martha's Meals on Wheels



Monday, January 14 7:00 - 9:00 pm at

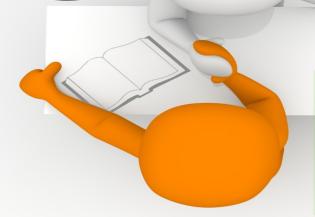
**Bedlam Brewing** 

in the former Comcast Shopping Center (Next to Terry Court)

Cards \$5 for 5 games

Prizes Valued \$25-\$75: Gift Baskets, Blackfriars Tickets, Gift Certificates, and More High School students, join us on Sunday, January 13 at 6:00 PM in Laura Lawson's Office at Covenant





Sometimes we have questions about our faith that we feel like we aren't allowed to ask — questions that don't always have one right answer. High School students meet to discuss these tough questions in a judgment-free zone. Note: no physical wrestling happens during this time; spandex unitards are best left at home.



WHO: 2nd-8th Grade (w/ High School Leadership) \*\*bring friends\*\*

WHAT: Games, Bible Lesson & Service Project WHEN: Friday, January 18th, 6:00-8:00 PM

(check-in starts at 5:45)

WHERE: At the Church COST: \$5 per family

#### Let us know you plan to come!

This ministry, occurring on the third Fridays of the month, is for our children to get a chance to bring some friends to church, have some fun, and serve together! The Middle School students will be separate from the Elementary School students, so it won't feel like the older kids are too old or the younger kids are too young. It's like youth group fun, for all ages (well, for 2nd-8th graders). We also need High School students to help lead the groups. Email Laura Lawson with questions or to RSVP at lauramayfieldlawson@gmail.com



join the 1.5 million people who have benefited from

#### FINANCIAL PEACE UNIVERSITY.

Give yourself the gift of financial peace. **Sign up today!**This 9-week class begins on Thursday, January 17, 2019 at 6:30 PM in Covenant's Fellowship Hall.
Go to fpu.com/1078059 to register and secure materials.

If you have any questions, email Whit or Sharon Menefee at wmenefee@yahoo.com



Wednesday, January 16th immediately following TOW—Together on Wednesday.

#### REVERENDEUN COM COPYRIGHT BIBLE GATEWAY



01-02-2012

SERIOUSLY, JOHN, YOU NEED TO DITCH THAT CAMEL HAIR AND TRY SHEEP

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#### **COVENANT PRESBYTERIAN CHURCH**

2001 N. Coalter Street, Staunton, VA 24401 www.covenantpresstaunton.org Office 540-885-2138 = Fax 540-885-4399 Office hours: Monday-Thursday 8:15AM-3:15PM, Friday 8:15AM-12:15PM



MINISTERIAL & PROGRAM STAFF
John C. Peterson

Pastor

Sarah Wolf

Associate Pastor

Laura Lawson

**Director of Youth Ministries** 

**Jeffrey Ryman** 

Minister of Music

Christopher Wszalek

**Organist** 

Lou Dolive

Handbell Director

Joan Swift

Director of Children's Music

Mitzi White

Developmental Preschool Director

**Martha Pierce** 

Administrative Assistant

Paul Sorrell

Treasurer

Kathy Henderson

Covenant Nurse

Cleo Holly

Custodian

The Mission of Covenant Presbyterian Church is Striving to be Faithful Disciples of Christ: Worshiping with Joy, Growing in Faith, Serving in Love.

Covenant Connection is a publication of Covenant Presbyterian Church.
The newsletter is published bi-weekly to inform members and friends of church programs, news and events. The Connection newsletter is online at www.covenantpresstaunton.org.



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Striving to be Faithful Disciples of Christ: Worshiping with Joy, Growing in Faith, Serving in Love



# Let Us Know

#### You're Coming to TOW!

In order to prepare the correct quantity of food, we ask that you RSVP by 12:00 PM (noon) on Monday, January 14th.

You may do this by:

- Signing the Friendship Register in the pew on Sunday
- Calling the church office at 885-2138

January 16 @ 6:00 PM Pork Loin, Mashed Potatoes, Lima Beans, Baked Fruit, Rolls, and Dessert

Join us after the meal for the Yankee Gift Swap

Vegetarian options are available at all meals.

