

Monday Morning Bible Study Elder Training **11-26** Stewardship & Finance Team Blended Worship Alpha Choir Practice (K-3rd grade) Sunday School Traditional Worship Omega Choir (4th-7th grade) Fellowship Team 12-2 Monday Morning Bible Study Congregational Care Team Facilities Team Worship Team 12-5 **Bell Choir Practice Covenant Choir Practice** Elder Training 12-7 Hanging of the Greens 12-8 **Blended Worship** Alpha Choir Practice (K-3rd grade) Sunday School Traditional Worship Omega Choir (4th-7th grade) Christian Education Team Outreach Team 12-9 Monday Morning Bible Study Elder Training 12-10 PW Executive Board Meeting PW Circle Meeting Preschool Team Stewardship & Finance Team 12-11 TOW - Together on Wednesday Gingerbread House Making

Connect with the Pastor ...

s I write this note, Thanksgiving is still a week away with its promise of good food shared with family and friends. It is a rare moment when we as a nation pause in the midst of all the other stuff



going on to give thanks to God for our blessings – or do we? Is Thanksgiving for you a day to give thanks to God, or is God lost somewhere among the turkey, mashed potatoes, cranberries, football, and plans for Black Friday's sales? I encourage you to make *giving thanks* a central part of your *Thanksgiving* celebration this year. Take some time sometime in the day – before you rise from your bed, at the table together, at the end of the day – and give thanks for the blessings you have received and enjoy from the hand of God!

Bi-Weekly Newsletter of Covenant Presbyterian

Once the cleanup from the turkey and pumpkin pie are completed, new preparations immediately begin, for on the heels of Thanksgiving comes Advent and our anticipation of Jesus' birth. This Sunday (December 1), just three days after Thanksgiving, is the first Sunday in Advent. It is a season to ponder the mystery of incarnation and the promise of Christ's coming. It is a time to dust off the Advent wreath and light candles to mark our journey toward Bethlehem. To aid your journey, we have Advent devotionals for folks of every age; you can pick one up in the narthex of the church. During the Sunday School hour throughout Advent, we will have an elective for adults in which we will read Henry van Dyke's *Story of the Other Wise Man* and look at the biblical passages that underlie that cherished tale. In the coming weeks,

A Bible Verse to Think About 2 Corinthians 4:15

"All this is for your benefit, so that the grace that is reaching more and more people may cause thanksgiving to overflow to the glory of God."

Monday Morning Bible Study



Join us for Bible study each Monday at 10:30AM in the Conference Room (near the church offices). We will look at the text for the next Sunday's sermon. Dive a little deeper into God's word, share your insights, and get a head start on the next sermon. All are welcome!

Items for the next newsletter are due to Martha by 9:00 AM on Friday, December 6th.



Please email her at: covenantpcusastaunton@gmail.com



Novels & Needles Book Group

Novels & Needles Book Group is meeting on Friday, December 13th, at 10:00 AM at Joan Swift's home. The book for discussion is *Meet Me at the Museum* by Anne Youngson. Discussion will be led by Peggy Roberson. Bring your thoughts and your knitting or crocheting for an enjoyable morning!

The Story of the Other Wise Man: An Advent Bible Study

On Christmas Eve here at Covenant, John Peterson has sometimes told Henry van Dyke's story of The Other Wiseman. It is a story that he has treasured since his youth when his dad told it on Christmas Eves in their home church from time to time. It is an imaginative story that is rooted in Scripture. This Advent we invite you to explore this cherished story and its biblical roots with John as we prepare for our own journeys toward Christmas to meet the child who is the Savior. The class will meet on the four Sundays of Advent in December (1,8, 15, 22) during the Sunday School hour (9:30AM). You may purchase a copy of the story ahead of time, but it is not essential.

Connect with the Pastor (cont'd)

we will have opportunities for caroling, decorating the church with festive greens, constructing gingerbread houses and Christmas baskets, serving our neighbors, and worshiping together as we prepare not only our homes but also our hearts for Christmas. It is a most wonderful time of the year to share treasured time with one another – and with God – who is and should be at the center of it all!

Nursing Nook with Kathy Henderson, RN

"Monitor your blood pressure! Watch those numbers!" are refrains so often heard in health news that many of us (myself included) just ignore them. High blood pressure (which causes narrowing of various vital arteries) and fluctuating blood pressure (which indicates various cardiac pumping problems) have long been associated with stroke and heart failure.

A recent landmark study by the National Institute on Aging concluded that while controlling blood pressure may not actually prevent dementia, it does help enormously in preventing mild cognitive impairment. And yes, controlling blood pressure is a way to prevent stroke, a proven cause of vascular dementia, the second most common dementia (after Alzheimer's).

Even scarier: You don't have to be geriatric to worry! The damage begins early – and silently.

Fellow Covenanters of all ages: Please don't wait for your annual check-up to learn your numbers. Come by my office any Sunday morning, or to the Senior High room before TOW to have your blood pressure checked. I'm also in my office most Tuesdays (call my cell to check) and I am more than happy to drop by your house.

Presbyterian Women

Christmas Basket Assembly Thursday, December 12th 9:00 am in Fellowship Hall

Presbyterian Women are in the midst of planning their annual Christmas project. Approximately 30 evergreen arrangements will be delivered to Covenant Presbyterian Church members who are unable to be among our church family in worship. Dreama Anderson and Ellen Mullins are leading the effort. They are glad to field questions about the project. The arrangements are made in small basket with various evergreens, and each is topped with a bow. The arrangements will be assembled and delivered on December 12th. People are needed to help with assembling the arrangements and with delivering them. The festive baskets and the visits brighten the Christmas season for church family members. Please contact Dreama or Ellen if you can help; plan to join the fun!

Also, join us on Tuesday, December 10 at 10:00 AM for Circle Meeting. There will be fellowship followed by conversation about "Honor your father and your mother so that your days may be long in the land that the LORD your God is giving you." [Exodus 20:12] Peggy Roberson is the facilitator. All women are welcome!

Hanging of the Greens



A tradition at Covenant is the "hanging of the greens" as we celebrate the beginning of the Advent season. On Saturday, December 7th at 9:30AM, we will need willing hands to help

decorate. Come join us and enjoy the fellowship AND Christmas cookies and hot chocolate!





Ushers Needed!

Looking for some volunteers to help usher!

First, we need one more volunteer for December. No experience needed! Second, we need

some new volunteers to serve for a month and some to be available to be a substitute (or both). Pay is good — all the coffee you can drink and you get to wear an usher badge! This is a great opportunity for new members to meet more members. Age requirements — none. Male, female, short or tall. Do not miss this opportunity! Please contact Bill Lobb at wlobb01@comcast.net or 540-885-2131.



TUESDAY, DECEMBER 24TH * FAMILY CHRISTMAS SERVICE* 4:00 PM *CANDLELIGHT SERVICE* 7:30 PM

hristmas The Services

Session Highlights

At its stated meeting on November 17, the Session took the following actions:

- Received an update on the 2020 Stewardship campaign
- Approved a giving tree project with the Boys and Girls Club



This will be Schola Cantorum's debut concert at The Wayne Theatre and will include Christmas classics and carols. The Latin term Schola Cantorum means "Singing School." True to that description, Schola Cantorum of Waynesboro provides a unique choral singing experience for members and audiences alike by "singing the Music of the Masters." The repertory includes major works by Brahms, Beethoven, Handel, Bach, and others, as well as more contemporary compositions. The volunteer chorus, under the direction of Jeffrey Ryman, is supported in performance by piano or orchestral accompaniment and featured soloists.

TICKETS: \$18 ADULT / \$12 STUDENTS

Tickets ON SALE NOW at:

521 W. Main Street, Waynesboro, VA 22980 •

www.waynetheatre.org • (540) 943-9999

Congratulations

Camden Kurtz recently received his white coat in a ceremony at Virginia Tech's Medical School in Roanoke. Camden is the son of Troy Kurtz and Jackie Kurtz, and grandson of Conrad and Jo Ann Kurtz.

2019 Advent Devotions

This Advent season, count down the days until Christmas with one of our Advent devotionals. We have a family-friendly option as well as one that is geared towards adults, both of which are inspired by the journey of the Holy Family to the manger on Christmas Day.

Our family-friendly option is written by Taylor Lewis Guthrie Hartman and the artwork is created by her husband, Blair. In this devotional, families are encouraged to slowly move Mary and Joseph toward the manger, day by day, as the devotion is read. This is a re-print from a previous year, and is a family favorite!

Our adult option is "Moving Toward the Manger: Reflections on the Writings of Frederick Buechner" by Martin E. Marty. Buechner, a theologian, author, and Presbyterian minister, is known for his colloquial style and thoughtprovoking quotations. In this devotional, Marty pairs Scripture readings with Buechner quotations as we move slowly throughout the season toward the manger.

Copies of both devotionals can be found in the Narthex.



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14	13 10:00am Novels & Nee- dles Book Group	12 8:30AM Executive Team 9:00AM PW Christmas Basket Assembly 5:45PM Bell Choir 7:00PM Covenant Choir	11 6:00PM TOW - Together on Wednesday 7:00PM Gingerbread House Making	10 9:30AM PW Executive Board Meeting 10:00AM PW Circle Meeting 5:30PM Preschool Team 7:15PM 7:15PM Stewardship & Finance Team	9 10:30AM Morning 7:00PM Elder Training Covenant Connection Published	8 2nd Sunday of Advent College Mail Sunday 8:30Am Blended Worship 9:10Am Alpha Choir Practice (K-3rd graders) 9:30Am Traditional Worship 10:30Am Traditional Worship 11:45Am Omega Choir Practice (4th-7th gr) 11:45Am Outreach Team 11:45Am Christian Education Team
7 9:30AM Hanging of the Greens	6 9:00AM Items due for Newsletter	PM Bell Choir PM Covenant Choir PM Elder Training	4 6:00PM TOW - Together on Wednesday	ယ	2 10:30AM Morning Bible Study 4:30PM Congregation- al Care Team 7:00PM Facilities Team 7:15PM Worship Team	Dec. 1 1st Sunday of Advent Peanut Butter Sunday Presbyterian Coffee Project 8:30AM Blended Worship 9:10AM Alpha Choir Practice (K-3rd graders) 9:30AM Sunday School 10:30AM Traditional Worship 11:45AM Omega Choir Practice (4th-7th gr) 11:45AM Fellowship Team
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Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	Sunday

NOVEMBER - DECEMBER 2019





To ensure we have enough pizza for lunch, please RSVP to the church office (885-2138) by Monday, December 2nd afternoon of caroling



Preschool Sunday School Made King David Crowns





The Prayer Shawl Ministry is in need of more knitted or crocheted prayer shawls. All colors, styles, and sizes are welcome. We have yarn, needles, hooks, and patterns if you need them. Contact Joan Sayers with any questions.



I'P LIKE TO GIVE THANKS FOR THE FOOD, FOR A PEACEFUL WORLD, AND THAT TURKEY IS ALWAYS ABLE TO JOIN US ON THANKSGIVING Copyright © 2015 HarperCollins Christian Publishing

COVENANT PRESBYTERIAN CHURCH 2001 N. Coalter Street, Staunton, VA 24401 www.covenantpresstaunton.org Office 540-885-2138 = Fax 540-885-4399 Office hours: Monday-Thursday 8:15AM-3:15PM, Friday 8:15AM-12:15PM



MINISTERIAL & PROGRAM STAFF John C. Peterson Pastor Sarah Wolf Associate Pastor Laura Lawson Director of Youth Ministries Jeffrey Ryman Minister of Music **Christopher** Wszalek Órganist Lou Dolive Handbell Director Joan Swift Director of Children's Music Mitzi White Developmental Preschool Director Martha Pierce Administrative Assistant Paul Sorrell Treasurer **Kathy Henderson** Covenant Nurse Cleo Holly Custodian

The Mission of Covenant Presbyterian Church is Striving to be Faithful Disciples of Christ: Worshiping with Joy, Growing in Faith, Serving in Love.

Covenant Connection is a publication of Covenant Presbyterian Church. The newsletter is published bi-weekly to inform members and friends of church programs, news and events. The Connection newsletter is online at www.covenantpresstaunton.org.

