

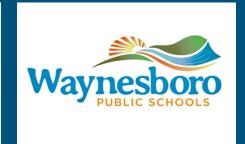
We believe all youth deserve a healthy life and future

Project GROWS is an educational, nonprofit organization with a mission to improve the health of children and youth in Staunton, Waynesboro, and Augusta County, Virginia, through garden-based education and access to healthy food.

How is Project GROWS addressing food insecurity during COVID-19?

















Food Production

Food Distribution

Online Food Education

Farmer's Markets

Fresh Food Box Initiative

- Supplying food to low income senior citizens in our community
- https://www.wmra.org/post/project-grow s-addresses-shifting-food-insecurity





Valley Department of Aging Services

Boys & Girls Club

- Soon, produce sales for weekly Friday distribution at both Club locations
- Summer video series: feature
 Club staff to encourage
 healthy eating



Staunton City Schools

~2,700 meals per day

- Twice a week produce delivery
- Twice a week on-the-ground staffing support
- Recipes & nutritional Information



Harvest of the Month

Emphasizing one veggie per month:

- Recipes
- QR code linking to video
- Signs of Spring series
- How to harvest it
- How to cook with it







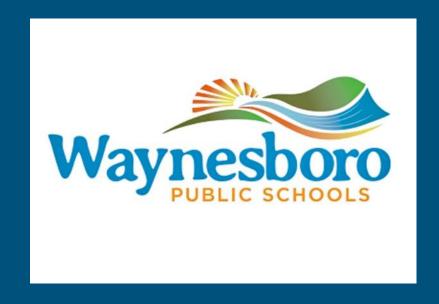
www.projectgrows.org/blog

(See Episode 4!)

Waynesboro Public Schools

- Produce sales starting soon
- Harvest of the Month

The landscape of food insecurity is changing rapidly before our eyes.



Farmer's Markets

- Farmers Markets have shifted to online ordering/curbside pickup
- Still accepting and doubling SNAP/EBT!





Taste of Spring Plant Sale

Ordering begins TOMORROW! SNAP/EBT accepted.



Community-Supported Agriculture (CSA)

28 shares this year!

Augusta Health Faith Community
purchased 4 shares from us again
this year for distribution to
churches in their network, including
Ebenezer Baptist Church

- https://www.wmra.org/post/project-gro ws-addresses-shifting-food-insecurity
- http://ebenezerbaptistchurchstaunton.c om/news.html



Community Garden Requests

 We continue to receive weekly requests for help to begin community gardens!

 While we can't help everyone, we are partnering with AMI to offer a free webinar in a few weeks with resources and guidance for those interested in starting a community garden.

Needs at this time

 <u>Printing</u>: Recipes for Staunton City School students to go along with produce deliveries

<u>Summer Internships</u>: Encourage college students to apply!
 Remote work and in-person work available.

https://www.projectgrows.org/get-involved/internships-jobs/

Questions?

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